





There is no more significant investment one can make than in empowering adolescent girls to be educated, resilient, self-reliant and healthy. Countless studies have shown that the education and upliftment of young women is one of the biggest predictors of the social and economic well-being of a society.

Investing in adolescent girls is the work LIDÈ has been doing in rural Haiti since 2014.

We are a comprehensive empowerment program that nurtures the educational, artistic, economic, and psycho-social development of at-risk women and girls.

Lidè Haiti's work contributes to building a more just and equitable world where girls have equal access to quality education, can develop their own voices, resilience, and innate gifts. As they transform and their capacity grows, they can better contribute to the health and well-being of their own communities.



## WHO WE SERVE

With a growing team of over 75 Haitian staff, Lidè programs reach rural Haitian at-risk girls ages 11 to 21 who:

- are out of school or significantly behind in age-to-grade
- live in remote, underserved communities
- experience extreme poverty
- have undergone trauma or live in chronic stress
- live in situations of forced domestic servitude
- have or are currently suffering physical or emotional abuse
- are experiencing food and water insecurity or the effects of malnutrition
- are greatly at risk for sex trafficking
- and/or have a disability



# OUR MODEL

Taking a whole-person approach to empowerment and resiliency, Lidè currently works across multiple communities in rural Haiti with over 1,200 adolescent girls and differently-abled youth through programs that:

- develop their capacity in the creative arts
- teach them to learn to read and advance their literacy levels
- support their educational development through scholarships and tutoring
- strengthen their mental and physical health
- and empower them to successfully transition from adolescence to adulthood in the context of an environment where abuse is pervasive

These programs create an ecosystem that allow girls to find their voices, thrive and ultimately become actively engaged participants in their communities.

# CREATIVE ARTS

*Creative Writing, Theater, Photography, and Dance*

One of the only art-based programs for girls in Haiti, our approach builds a foundation of inner strength and character, where girls are newly exploring and cultivating their emotions, creativity, courage, confidence, hope, and problem-solving capacities.

Through creative writing, photography, theater, and dance, girls activate a sense of meaning, purpose and possibility that they then apply to their educational journey, their health, and their preparation for adulthood and career development.



# BENEFITS OF ARTS EDUCATION

Arts education offers countless benefits and skills for youth and children, including:

- Resilience
- Imagination
- Growth mindset
- Self-confidence
- Improved cognition
- Communication skills
- Grit
- Collaboration
- Critical thinking
- Innovation
- Emotional Intelligence
- Healing from trauma
- Concentration
- Self-efficacy
- Relaxation
- Literacy
- Sense of community
- Increased school attendance



# ACADEMICS

*Scholarships, Literacy, Numeracy, and Computer Skills*

Lidè provides primary and secondary scholarships to 1,150 students annually and literacy and numeracy instruction for several hundred participants. Our Center for Learning supports academic skill building through tutoring, group study, grade-level tracking and goal setting as well as a textbook lending library for participants. We also offer computer literacy and skills training.

*“Lidè helps the girls grow in their abilities, both creatively and academically. Lidè helps young girls understand that they have the right to play, to learn and to grow, just like boys.”*

**—Mona A**  
Former LIDÈ participant  
Current LIDÈ Facilitator





# HEALTHCARE

## *Psychosocial Support, Nutrition, Reproductive Education and Medical Care*

Our team of nurses and health partners provide regular health screenings, medical treatment, reproductive health education, and training in first aid and CPR.

Our community food program serves hundreds of meals a week to our participants, who receive a serving at every class, often the only food they will receive in that 24 hour period. These meals are prepared by women in the communities we serve and include locally sourced vegetables, whole grains, and beans.

Lidè also offers mental health support through community focused psychosocial support training, individualized psychological counseling to participants in need, home visits to program participants, and support calls to participants and their families.



# OUR IMPACT

Lidè girls are learning to read, getting scholarships to complete primary and secondary school, building their psychosocial resilience and self-confidence through our arts programming, improving their physical and mental health through counseling and medical services, and strengthening their nutrition through the meals we serve.

And as we witness our participants' growth and success stories, we also observe them transmitting the skills they are learning to others, particularly siblings, parents and peers. This dynamic multiplies Lidè's impact, as the capacities developed ripple beyond program participants to community members across rural Haiti.

*"Thanks to Lidè Haiti, an organization in the Girls Opportunity Alliance, there is hope."*

—Michelle Obama



The **benefits of educating girls** include:

- increased economic growth
- reduction of child marriage and domestic violence
- healthier mothers and babies
- higher education rates for children
- improved mental health for girls
- reductions in climate change
- reductions in terrorism
- lowered rates of sex trafficking
- increased female leadership in government



**1,220**  
girls served annually

93% of surveyed parents say they have seen both increases in literacy and economic empowerment among their daughters as a result of their participation.



**1,150**  
scholarships  
per year



**8** communities  
across  
rural Haiti



**45,000**  
meals served a year

96% see such positive changes in their daughters as increased confidence, helpfulness, motivation, and/or capacity to collaborate.



**96%**  
Haitian & female  
staff



**50**  
psychoeducation  
workshops reaching  
4000 people

96% said their daughters are transmitting the skills they are learning to others in their family and neighborhood.

# WOMEN OF MY COUNTRY

Women of my country  
Women of my country  
If you don't stand up  
They will put their feet on us  
We, as brave women  
We are individual branches  
From one hibiscus tree  
We are beautiful when we are together

Women of my country  
We should unite  
To become one  
Let's stand up to watch out for what's going on  
Let's raise our voice so they stop putting their feet on us  
So that they stop humiliating us  
Women of my country

We are the "poto mitan"\* of the country  
We hold up our country  
But we are the ones who are suffering  
We must stand up  
We must recognize our value in society

— Aceline, Bayonè Participant  
(inspired by the poetry of Jean-Marie Willer Denis, Aka Jan Mapou)

\* A poto mitan is the central pillar that supports a traditional Haitian round-house

# OUR PARTNERS

Lidè is grateful and honored to collaborate with such excellent partners, including:



# BE A PART OF THE WORLD'S SINGLE GREATEST INVESTMENT

Join us in the movement to empower adolescent girls. Together, let's grow our efforts to serve thousands more girls across Haiti. Let's rewrite the narrative on Haiti, shifting away from a focus on crisis to the story of building a healthy, thriving Haitian society grounded in gender equality. Let's change the way we give, from reacting primarily in response to disaster, to investing in Haiti's greatest resource-it's women and girls. There's no time to lose.



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